

SENIOR'S COMMUNITY CONNECTOR for KAMLOOPS, BC Social Prescribing Program Referral

Please review the *Referral Guide* on back of form for program description and referral criteria. For more information call us at 236-421-1011, email connector@interiorcommunityservices.bc.ca or fax 250-376-3040

<u>Referrer Information</u>	<u>Participant Information</u>
Name:	Name:
Title:	Address:
Date:	Phone:
Phone:	DOB/Age:

Referral Information:

- Health Care Provider
 Family/Friend
 Self
 Community Based Service Agency
 Other

Non-clinical areas of support:

- Physical Activity (walking groups, chair yoga, aquafit)
 Nutrition/Food Programs (food bank, community meals, prepared meals)
 Social Engagement (community activities, friendly visits/calls, coffee group)
 Caregiver Programs (support groups, education sessions, grief resources)
 Housing Support (registration with BC Housing/rental subsidies)
 Other _____

Please indicate if a follow-up report is required: Y N

Preferred frequency of Follow-up:

Send to: _____

6 Weeks 12 Weeks

via phone at: _____

8 weeks

via email at: _____

PARTICIPANT CONSENT:

The Participant consents to this referral and is willing to be contacted by a Community Connector.

Verbal consent received

Date: _____

Seniors' Community Connector Social Prescribing Program

Program Description:

Guided by the Social Determinants of Health, the Social Prescribing program supports older adults in accessing non-clinical, community-based supports and services. The goal is to promote healthy ageing through the Community Connector, who will work with the participant to foster resilience and social support using a comprehensive strength-based approach. Referrals can come from Health Care Professionals, Community Based Services, family or individuals can self refer. The Social Prescribing Program is funded by The Ministry of Health through The United Way BC.

Referral Criteria:

Older adults age 65+ living in Kamloops who are experiencing:

- Social isolation
- Depression/anxiety (diagnosed)
- Major life events such as loss of a spouse
- Chronic diseases
- Physical inactivity
- Housing insecurity
- Poor nutrition and/or concerns with food insecurity
- Frequent use of primary health care
- Would like to make some changes with current life situation and don't know where to start



Senior with
complex needs



A referral is made by a
healthcare professional
to the Community
Connector



The Community
Connector meets
with the senior



The senior is connected to
appropriate community-
based services, programs
and supports

Kamloops Senior's Community Connector

Mount Paul Community Food Centre
140 Laburnum
Kamloops, BC
V2B 1G4